

# RAKUEN TRANSLATIONS

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URASUNDAY



## Danberu nan kiro moteru?

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URA SUNDAY  
COMICS  
SANDROVICH YABAKO  
& MAAM PRESENTS

TRANSLATOR: /A/NONYMOUS   TYPESETTER: PAP041   CLEANER: PAP041  
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# CHAPTER 12: UMI DA!





...YEAH...  
THAT'S  
GOOD...

SENSEI!  
YOU CAN  
SEE THE  
SEA!  
IT'S THE  
SEA!!!

YET I STILL  
MANAGE TO  
RUN INTO  
THESE KIDS  
AGAIN.....

I FINALLY GET  
VACATION TIME  
AT THE END  
OF  
SUMMER.....

TACHI-  
BANA  
SATOMI





ダンベル  
何キロ持てる??





I WANTED TO  
HAVE A BRUSH  
WITH LOVE AND  
STRETCH MY LEGS  
IN A BATHHOUSE  
IN ANOTHER  
PREFECTURE.....



INSTEAD,  
THE FIRST  
ENCOUNTER  
I GET IS  
WITH THESE  
KIDS.....



AH, I'VE BEEN  
WONDERING  
FOR SOME  
TIME NOW...

HM?  
WHAT'S UP,  
AKEMI?

WELL,  
WHATEVER.  
I'M SURE  
WE'LL BE  
DOING OUR  
OWN THINGS  
AT THE  
BEACH.

BUT ISN'T IT  
STRANGE  
WE'RE THE  
ONLY ONES  
AROUND?

7000000....



WE'RE IN THE  
MIDDLE OF  
THE SEASON,







HUH?  
DIDN'T YOU  
SEE THE  
NEWS,  
LADIES?

6



FOUND A  
SCHOOL OF  
HAMMERHEAD  
SHARKS  
OFF-SHORE, SO,  
NO SWIMMING  
THIS SEASON.

ハマヘッド



GOD  
DAMN  
IT...



THE SEA'S SO  
PRETTY,  
THE WAVES ARE  
SO GENTLE,  
TOO.....



I'LL  
KEEP IT A  
SECRET  
I HAD THE  
SAME  
PLAN...

...WHAT  
THE  
HECK IS  
THAT  
ABOUT?

AND I WAS  
PLANNIN' ON  
GETTIN'  
HITCHED  
BY THE  
BEACH...



.....TO THINK WE  
CAME TO THE  
BEACH AND WE'RE  
STUCK IN THE  
SAND.





AH.  
I KNEW SHE  
PLANNED ON  
TRAINING.

THIS IS ALL  
TOO BAD.  
SWIMMING WAS  
GOING TO BE  
SOME EXCELLENT  
TRAINING...

It's more  
effective  
with  
waves.

THAT'S  
RIGHT  
!!!

AH.

WE CAN  
SIMPLY  
USE  
THE  
BEACH  
ITSELF!!!

IF THE  
SEA  
IS NO  
OPTION  
...



Burpees are an aerobic exercise that targets all the muscles of your body equally. It's especially effective at burning fat and strengthening your core.

STARTING  
POSITION

Stand  
up na-  
turally

**BURPEES**



①

Squat down  
low and put  
your hands  
on the  
ground.

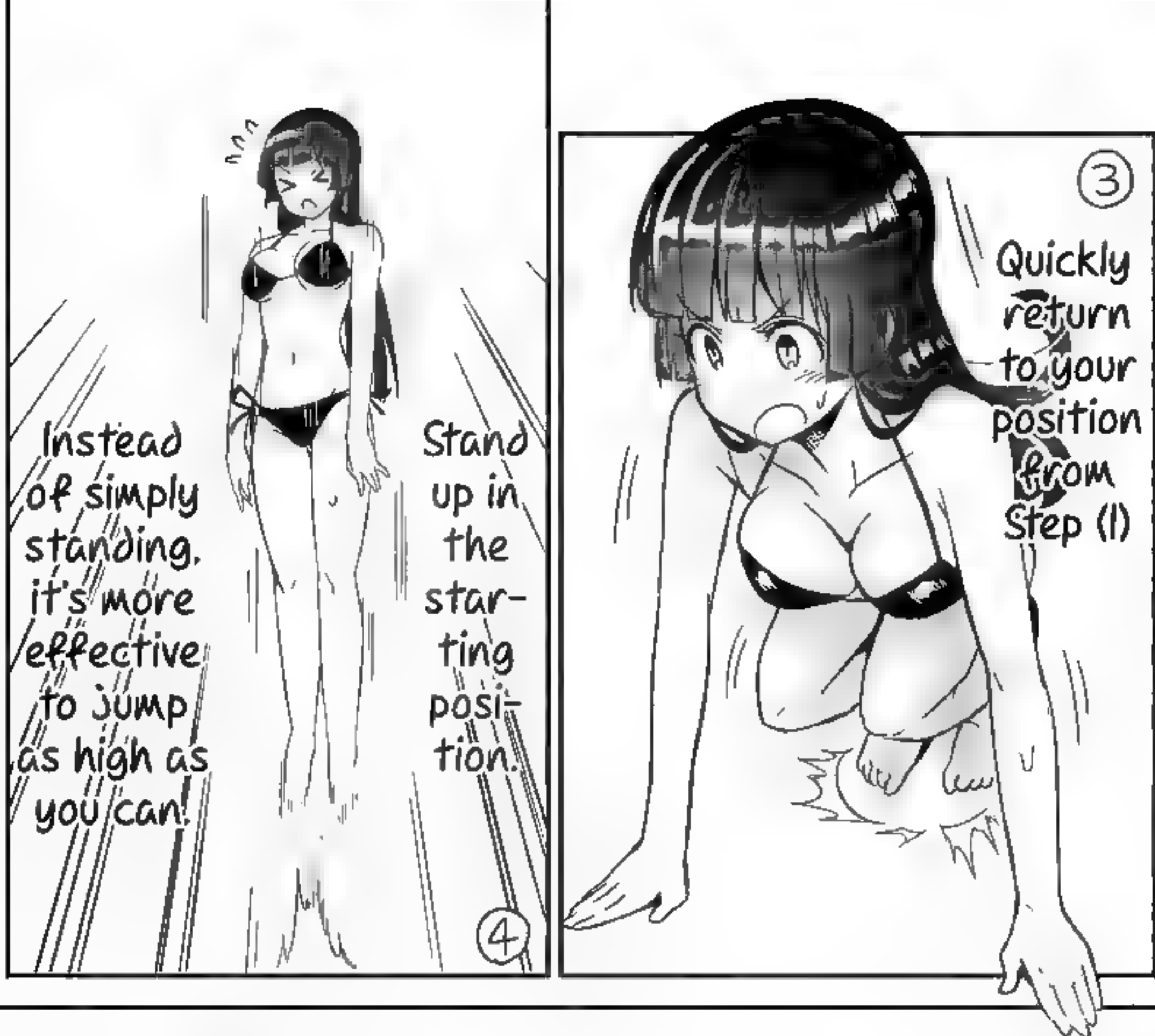


②

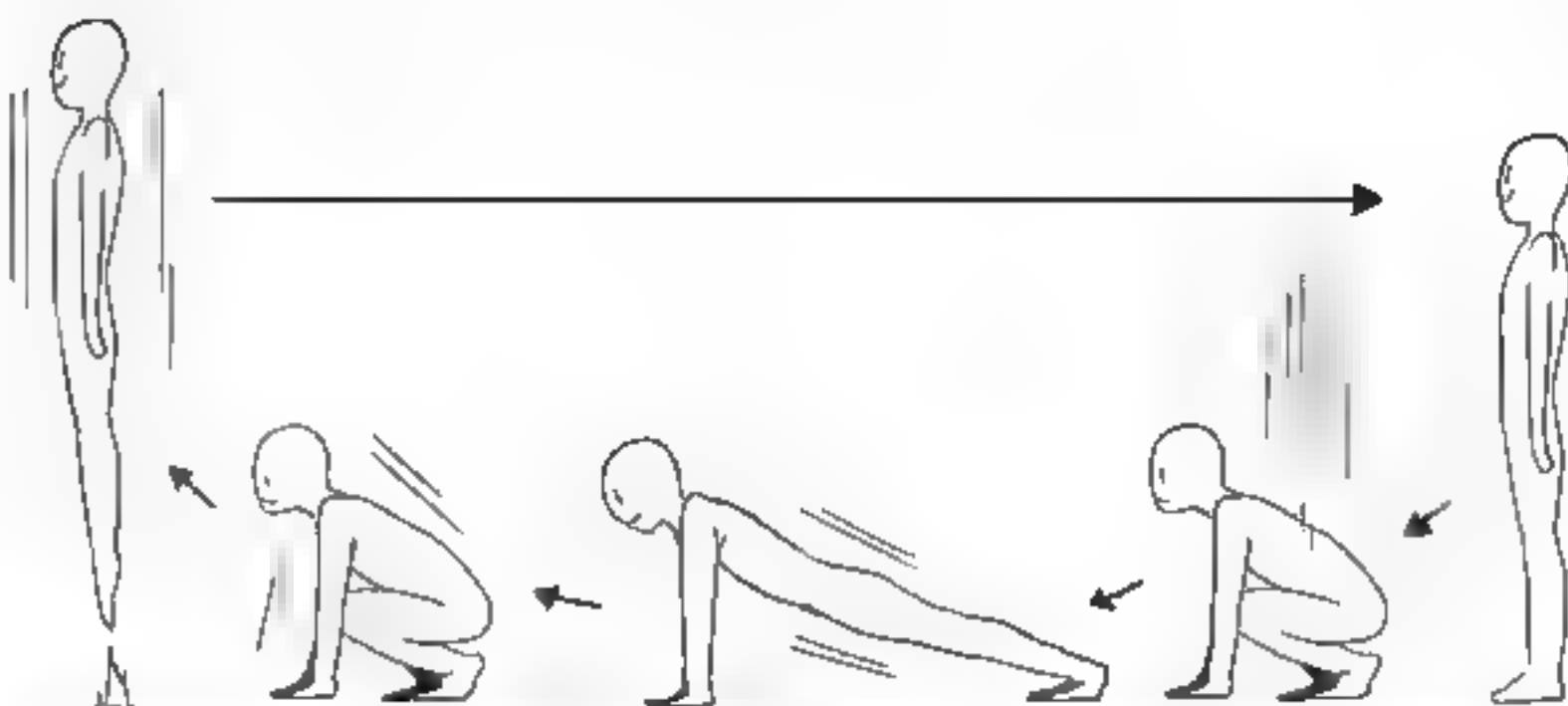
Kick your legs  
out behind you,  
entering the  
push-up position.  
(You may also  
perform a  
push-up as well.)







It can be extremely strenuous, but make it a goal to perform 3 sets of as many you can do at once!



Repeat these positions in rotation as fast as you can.







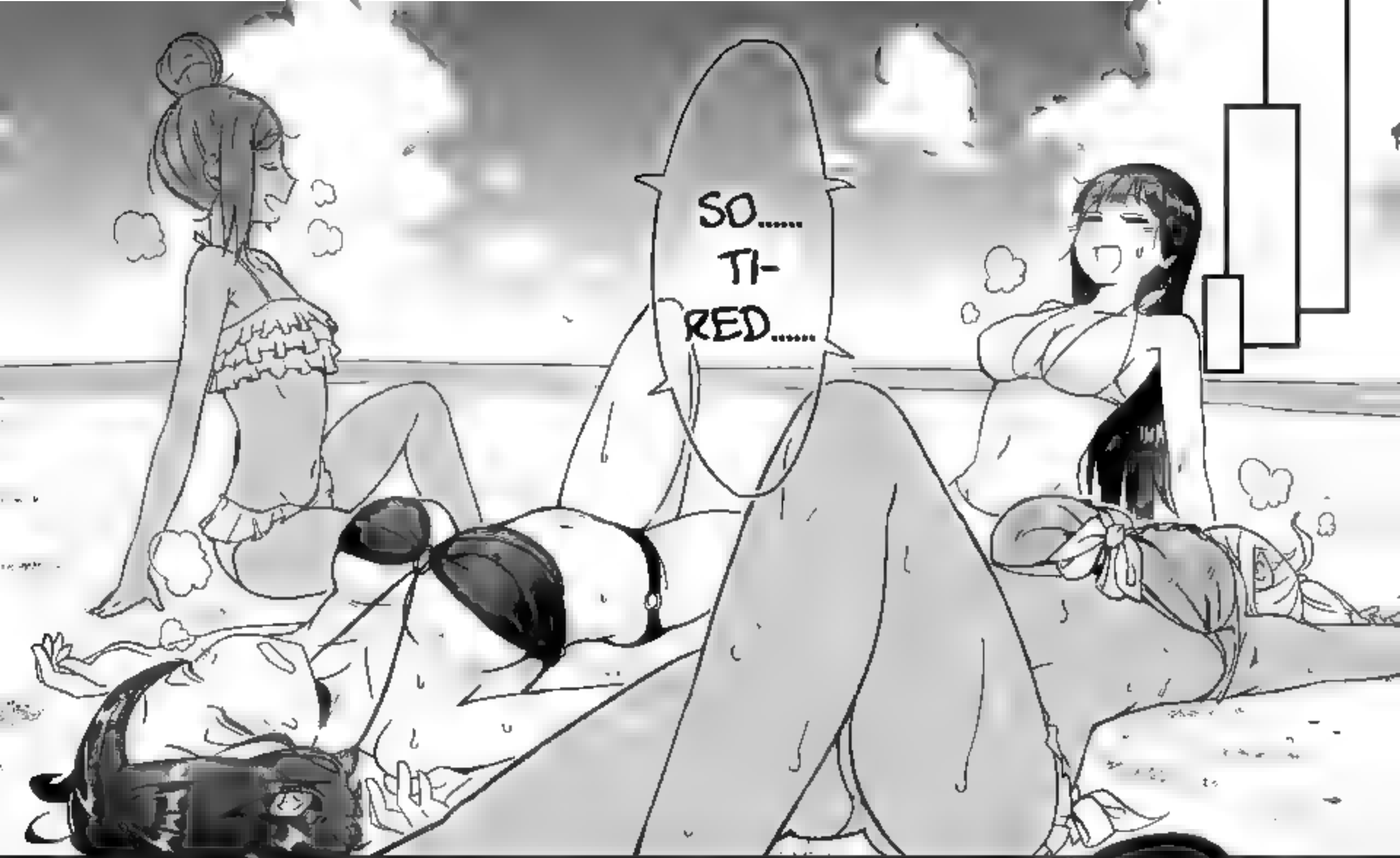
THIS IS A  
FULL-BODY  
WORKOUT.

LET US ALL  
AIM TO BE  
SUPER  
MACHO!

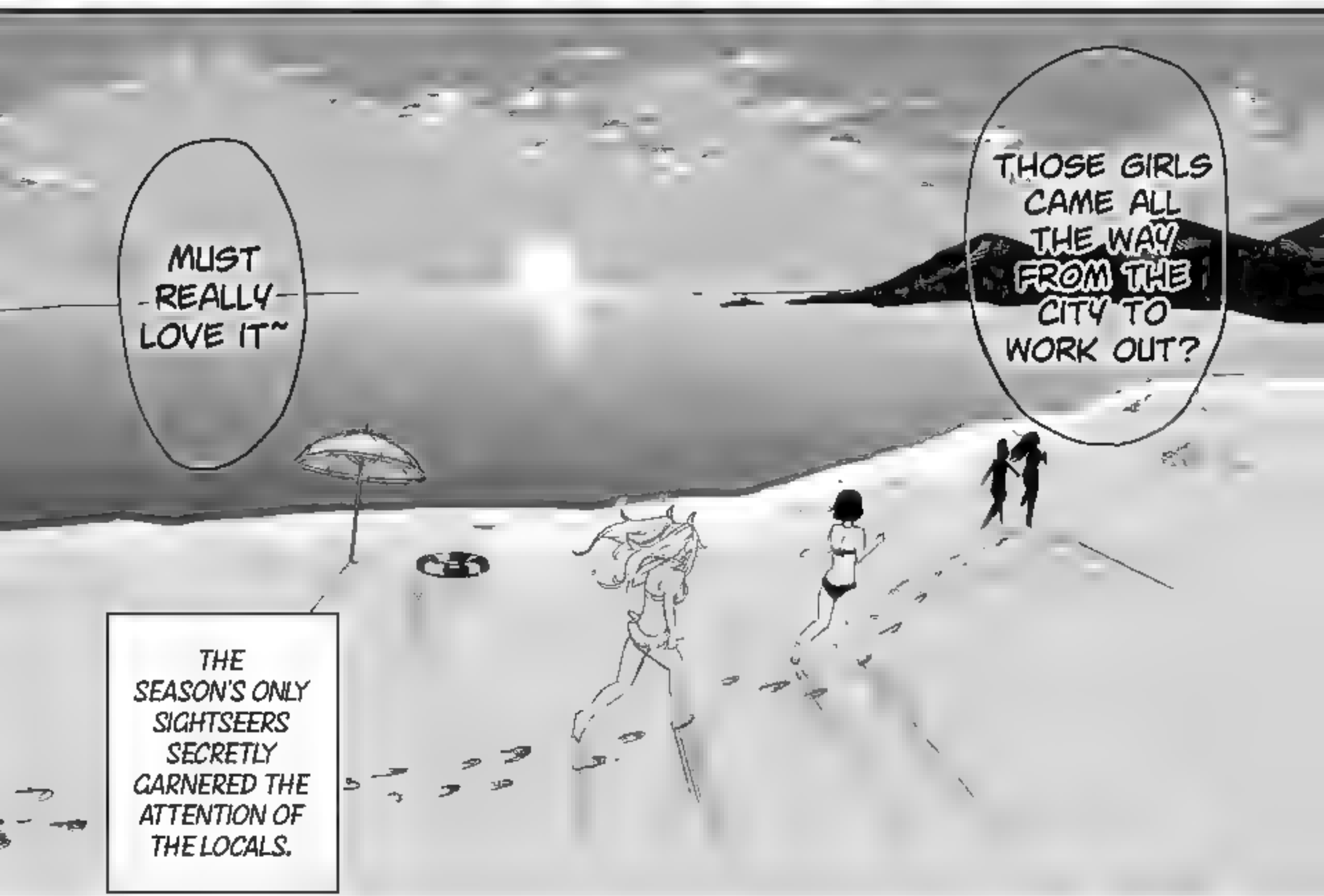
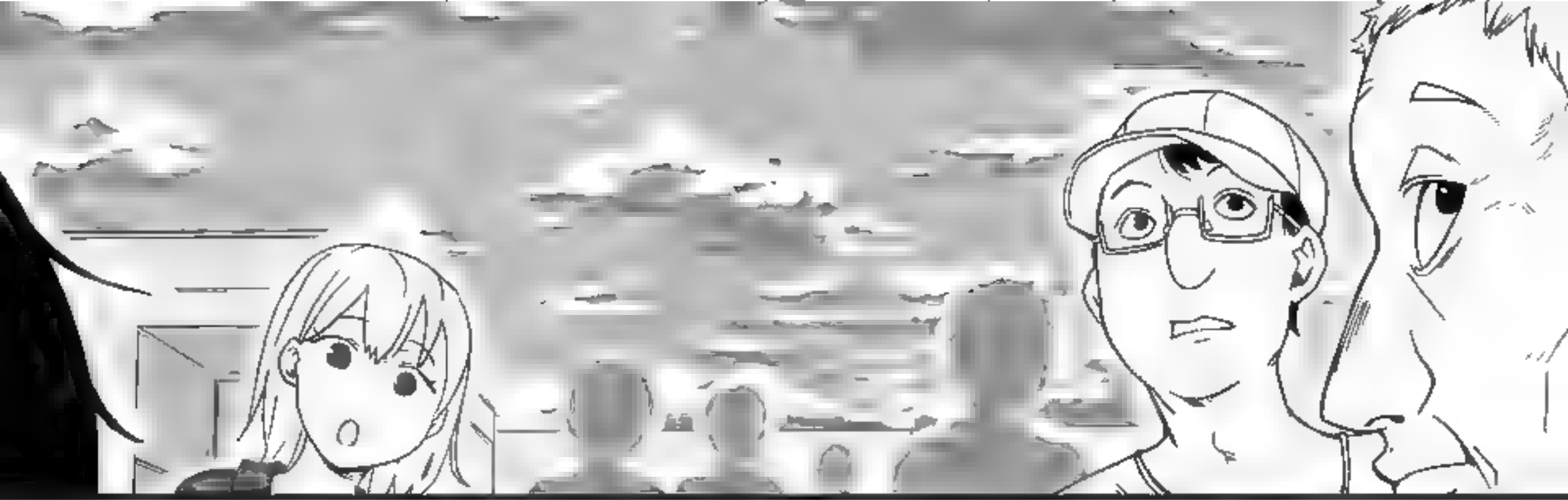






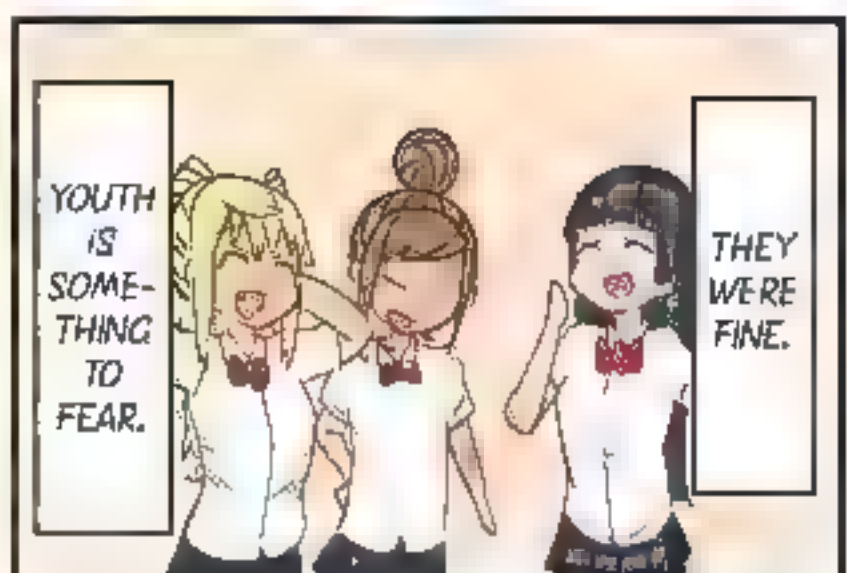




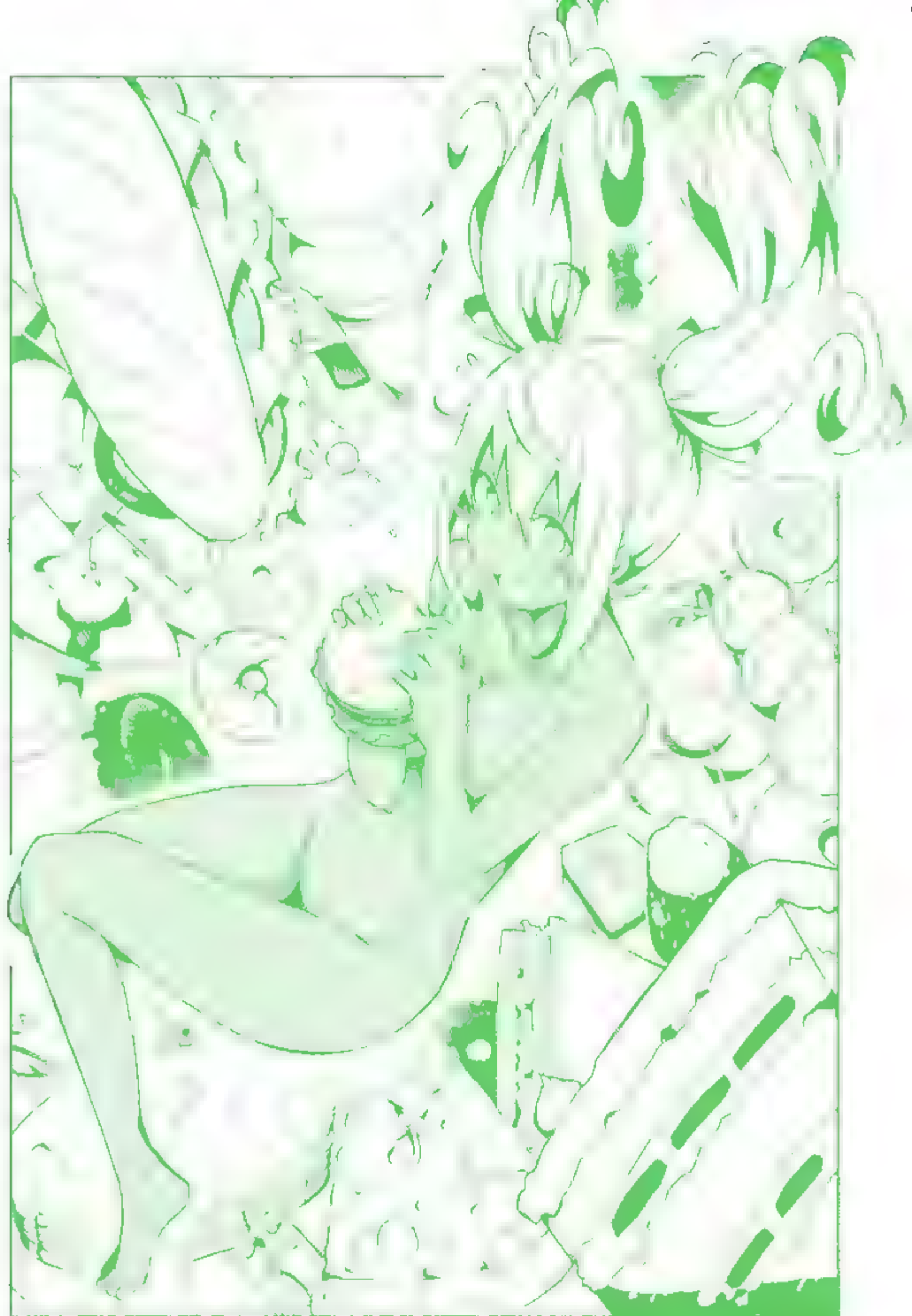




## VACATION'S END









街雄喝造



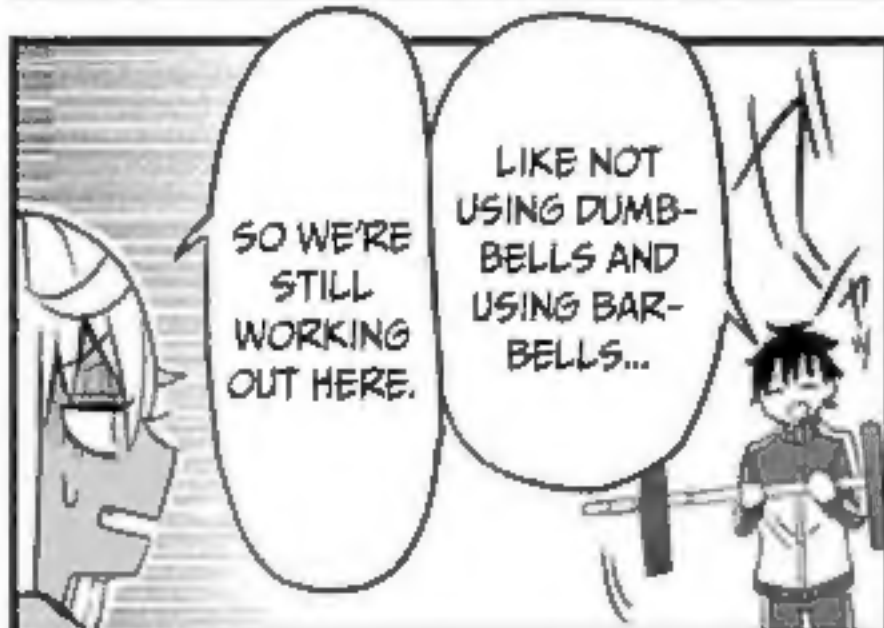


# 4KOMA EXTRA COMICS

## TASTES



## CHANGE OF PACE





## DISGUISE



## MYSTERY





## 原作参考文献

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## AKEMI'S DAY



## AFTERWORD

Thank you for reading  
'Danberu nan kiro moteru?' vol 1!  
This is the illustrator MAAM.  
To the author who always writes  
interesting names,  
Sandrovich Yabako-sama.  
To the editor who's always giving  
polite advice, Kobayashi-sama.  
To the designer who gave us this  
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To the marketer who sells  
a lot for us, Suginaka-sama.  
To the advertiser who works so  
much, Takahashi-sama.  
And finally to all our readers.

**THANK YOU SO VERY MUCH!!!**